
Laurier Medical Building
497 Laurier Ave., Suite 7
Milton, Ontario L9T 3K8
Telephone (905) 876-3236

Credit Valley Medical Arts Centre
2000 Credit Valley Road, Suite 212
Mississauga, Ontario L5M 4N4
Telephone (905) 820-5712

AFTER YOUR SURGERY

1. Rinse your mouth with water and remove the moistened gauze when you arrive homes.
2. Eat soft food and take 3 (200mg.) Advil.
3. Apply an ice pack on your face in the surgical area, 20 minutes on and 20 minutes off day of surgery only for 8 – 12 hours using gentle pressure. This will help to decrease swelling and pain the next day.
4. Keep the surgical site clean with gentle salt water rinsing 4 to 6 times per day. Do not brush or floss the teeth in the surgical site for the first 3 days. After the 3rd day you may brush the surgical site until your suture removal.

PLEASE BRUSH AND FLOSS THE REST OF YOUR MOUTH WELL. THIS WILL HELP THE SURGICAL AREA HEAL. PLEASE EAT SOFT FOODS ONLY UNTIL YOUR SUTURE REMOVAL.

5. Try to sleep with your head elevated.
6. Continue taking the antibiotics as prescribed until they are finished.
7. Take 3 (200mg.) Advil every 6 hours with food as needed. If you cannot take Advil then you may take Tylenol or a prescribed pain medication.
8. If there are any questions or concerns, please call our office or 416 230-3430 after hours.
9. Please make sure to book an appointment for a suture removal in one week and an appointment for your 6 month recall to our office.